

# ABOUT MARY

I was always aware of health and nutrition growing up. As children, we took vitamins, ate balanced, healthy meals and even had Chiropractic adjustments. I received a BA Degree with a major in Non-Functional Ceramics and a minor in Dance Performance/Choreography. I also started my Masters Degree in Non-Functional Ceramics. I managed a Co-op of twelve Maine Artists in the early 80's, managed a Military Exchange in the mid 80s, and married and settled in Pensacola, Florida in the late 80's. I started my Natural Foods career in 1990. I've been in the retail health food industry since then, with a short break from 1998 to 2000 when I managed the retail store for a local Interior Designer. I really missed the Natural Foods Industry so, in December of 2000, I opened Pensacola Natural Foods, incorporating six months later in June of 2001. Pensacola Natural Foods, Inc., has

been open for 22+ years. It has and continues to give me great joy and personal satisfaction to assist customers and educate them on how they, themselves can be and stay well, naturally.

Selection, service and a pleasant store to shop in is what I hope customers experience when they visit Pensacola Natural Foods. Many thanks for your continued patronage and hope to see you soon!

Come visit us at 916 W. Michigan Ave, Suite C in Pensacola, Florida. For over 22 years, we have served our growing family of friends. We would love to count you among them. Remember, "You only live once...Make it a healthy one!"